

# CENTRE FOR CHILD PROTECTION

## PROGRAMMA DEGLI STUDI

*Academic Programme - Course Offerings*

2020-2021

President

R.P. Hans ZOLLNER

Gli aggiornamenti di questa edizione si trovano consultando il sito internet  
<https://www.childprotection.unigre.it/>

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The Centre for Child Protection (CCP) has the overall objective to contribute to the academic and professional promotion of safeguarding through education, formation programs, conferences, communication, and research.

Safeguarding is defined as the theoretical reflection and practical measures taken to promote the welfare of children, adolescents, and all who need special protection from harm.

**For this reason, our guiding principles of all the work and courses at the CCP are:**

1. **Victims first.** We base our reflection, commitment, and actions on listening to victims and survivors and learning from them.
2. **A Christian view of the human person.** We value every human being as created in God's image and act correspondingly.
3. **Spirituality.** We envisage safeguarding as a spiritual matter that directs us in our theological reflection and a faith-based response.
4. **Cultural sensitivity.** We honour the variety of cultures, engage in a critical dialogue, and facilitate the culturally sound adaptation and implementation of safeguarding measures.
5. **Multidisciplinarity.** We look at safeguarding simultaneously from the perspective of various disciplines such as psychology, sociology, canon and civil law, theology, etc.

### Academic Programs in Safeguarding

The Centre of Child Protection offers two academic programs in safeguarding.

- Diploma in Safeguarding of Minors (one semester program, 30 ECTS).
- Licentiate in Safeguarding (2 years program, 120 ECTS).

The Diploma in Safeguarding is a one-semester, full-time, and all-day program. It is intended for those who are going to professionally promote safeguarding in their home countries in a variety of fields.

The Licentiate in Safeguarding is a comprehensive two-year course that leads to an interdisciplinary licentiate degree in safeguarding. Licentiate students take part in the diploma program during their first semester.

Semesters 2-4 build on that foundation. Students must accumulate 120 ECTS through their coursework.

### Pedagogy and Methodology

Our programs have a *student-centred approach* aimed at providing students with a learning environment that continually challenges them to take their next step towards the lasting acquisition of knowledge, skills and necessary attitudes. They are geared towards the development of the entire person and presuppose the students' willingness to take responsibility for their own learning as well as to engage in personal reflection, feedback processes, supervision, practical workshops, and faith sharing. This student-centred approach also fosters the contextualization of the course contents, as students are constantly invited to reflect on whether and how certain contents, skills, attitudes might or might not be applicable in their own culture and professional field.

Students are continuously graded on their efforts (learning process and class participation), their results (completion of tasks), and the level of their personal and professional reflection.

### Admission Requirements

Admission of students to the one semester **Diploma Programme** requires at least a bachelor's degree (1<sup>st</sup> Cycle university), as well as sufficient knowledge of theology and philosophy.

Admission of students to the **Licentiate Programme** requires at least a bachelor's (1<sup>st</sup> Cycle university) degree or a specialization (2<sup>nd</sup> Cycle university degree) in theology, canon law, civil law, medicine, nursing, education, or psychology/psychotherapy.

Candidates should complete the CCP application process before following the university procedures. Application form and deadlines are on the Centre website.

### Language Requirements

Admission to the CCP's programs requires a good knowledge of the English language, since courses are offered in English.

## Diploma in Safeguarding of Minors: Course Structure

The **aim** of the diploma is a thorough basic introduction to safeguarding and the many multidisciplinary issues at stake as well as to their interrelatedness, while equipping students with the competences needed for further augmenting their skills after the completion of the course. In addition, students gain an awareness of the limits of their knowledge, considering their previous studies and fields of expertise, as well as the new areas and disciplines they learn about.

Students learn the practical application of their newly gained competencies through a series of real life tasks specific to their own cultural backgrounds. This course fosters the growth of students' abilities to effectively create change and implement preventative measures.

## Licentiate in Safeguarding: Course Structure

The Licentiate in Safeguarding offers two specialization: Prevention and Intervention.

*Semester 1*, Theoretical semester with workshop weeks (30 ECTS)

- Multidisciplinary foundation with regard to all major aspects of safeguarding.

*Semester 2*, Theoretical semester (26 ECTS)

- 50% common elements for all licentiate students.
- 50% content specific to the two areas of specialization.
- Elements geared towards personal development and human formation.

*Semester 3*, Practical semester (26 ECTS)

- 650 hours of supervised internship in a field of safeguarding related to the student's specialization (in any country in whose language the student is proficient).
- 150 hours of literature study, reflection on experiences, written internship reports, online contact with CCP supervisors.

*Semester 4*, Theoretical semester (38 ECTS)

- 50% content specific to the two areas of specialization.
- 50% licentiate (master's) thesis.
- Elements geared towards personal development and human formation.
- A practical week on the future roles of safeguarding professionals (pass/fail).

The licentiate ends with final exams and the presentation and defense of a thesis: 12 ECTS for licentiate thesis and its presentation, 10 ECTS for the final exams.

# ACADEMIC CALENDAR OF THE YEAR

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## ENROLMENT AND REGISTRATION

29 July	Online registration begins (current students)
24 Aug - 1 October	Enrolment/registration to the New Academic Year
15 Dec. - 25 January	Online enrolment/registration begins (new students)
29 July	Online enrolment for the Academic Year 2021-2022

## DOCTORAL DEGREE PROGRAMME

24 Aug. - 15 October	Registration and enrolment to the 1 <sup>st</sup> Semester Faculty of Canon Law
24 Aug. - 30 October	Registration and enrolment to the 1 <sup>st</sup> Semester (except Faculty of Canon Law)
15 Dec. - 15 February	Registration and enrolment to the 2 <sup>nd</sup> Semester Faculty of Canon Law
15 Dec. - 1 March	Registration and enrolment to the 2 <sup>nd</sup> Semester (except Faculty of Canon Law, History and Cultural Heritage of the Church)

## BELLARMI PRIZE AND VEDOVATO PRIZE

15 January	Deadline for applications
15 February	Deadline for the delivery of the doctoral dissertations

## CHANGES IN THE PLAN OF STUDIES

19-29 October	For the 1 <sup>st</sup> Semester
22 Feb. - 5 March	For the 2 <sup>nd</sup> Semester

## ITALIAN LANGUAGE TEST

29 September	(Afternoon only and only for enrolled students A.Y. 2019-2020)
9-13 November	(Afternoon only)
16-18 March	(Afternoon only)

## ONLINE COURSE EVALUATION

8-14 January	1 <sup>st</sup> Semester courses
14-20 May	2 <sup>nd</sup> Semester and annual courses



**ONLINE EXAM BOOKING**

3-8 September	For the Autumn exam session of A.Y. 2019-2020
2-11 December	For the Winter exam session
28 April - 7 May	For the Summer exam session
1-7 September	For the Autumn exam session

**EXAMS**

21-30 September	For the Autumn exam session of A.Y. 2019-2020
25 Jan. - 10 February	Winter exam session
3-25 June	Summer exam session
20-29 September	For the Autumn exam session

**COURSES AND SEMINARS**

5 October	First day of classes of required courses for the 1 <sup>st</sup> Semester and of annual courses
12 October	First day of classes of optional courses, fundamental courses ( <i>corsi propri</i> ), workshops and reading groups of all courses of the Faculties, Institutes and Centres
21 Dec. - 6 January	<i>Christmas Holidays</i>
7 January	Classes resume
20 January	Last day of classes for the 1 <sup>st</sup> Semester
15 February	First day of all classes for the 2 <sup>nd</sup> Semester
29 March - 11 April	<i>Easter Holidays</i>
12 April	Classes resume
28 May	Last day of classes for the 2 <sup>nd</sup> Semester

**PRE-ENROLMENT CERTIFICATES**

15 July Last day for requesting pre-enrolment certificates

Requests for pre-enrolment to the new Academic Year will be processed in September when administrative activities resume.

**SCHOLARSHIPS**

15 March - 30 April Delivery of requests for scholarships 2021-2022

By the end of June 2021 presentation of the outcome of the requests.

*Participation in courses at the University will be possible to the extent allowed by health guidelines. Those who cannot attend in person will nevertheless be guaranteed the possibility of attending online.*

## Fundamental Courses

The following courses are fundamental to Diploma and Licentiate students.

### 1<sup>st</sup> Semester, Diploma and Licentiate

<b>XP2001</b>	Childhood and culture: and international approach (2 ECTS)	<i>Beer/Kubn/Vittigni</i>
<b>XP2002</b>	Sexuality and (un) healthy chastity (2 ECTS)	<i>Kubn/Ugolini/Zollner</i>
<b>XP2003</b>	Indicators of maltreatment and sexual abuse (2 ECTS)	<i>Kubn/Zollner/Vittigni</i>
<b>rXP2004</b>	Understanding and assisting victims and survivors of sexual abuse (6 ECTS)	<i>Kubn/Ugolini/Zollner</i>
<b>XP2005</b>	Identifying and working with perpetrators (4 ECTS)	<i>Kubn/Zollner</i>
<b>XP2006</b>	Sexual abuse in institutions (4 ECTS)	<i>Krämer/Kubn/Zollner</i>
<b>XP2007</b>	Prevention - how to create safe and sacred places? (4 ECTS)	<i>Beer/Krämer/Kubn</i>
<b>XP2008</b>	Practical week 1: healthy chastity (2 ECTS)	<i>Zollner</i>
<b>XP2009</b>	Practical week 2: listening to victims (2 ECTS)	<i>Zollner</i>
<b>XP2010</b>	Practical week 3: conducting formation sessions (2 ECTS)	<i>Zollner</i>

### 2<sup>nd</sup> Semester, Licentiate

These courses are common to both specializations.

<b>XP2011</b>	Writing Guidelines (2 ECTS)	<i>Kubn</i>
<b>XP2012</b>	Turning guidelines into concrete policies for (individual) institutions (2 ECTS)	<i>Krämer/Kubn</i>
<b>XP2016</b>	The importance of supervision and accompaniment (2 ECTS)	<i>Ugolini/Zollner</i>

- XP2020** Accompanying both victims and secondary victims on their personal journey (1 ECTS) *Ugolini/Zollner*
- XP2021** Dealing with irritated systems (1 ECTS) *Beer*
- XP2022** Abuse of power (1 ECTS) *Krämer*
- XP2023** Spiritual abuse/abuse of conscience (1 ECTS) *Beer/Zollner*

### Specialization in Prevention

- XPP201** Collaboratively developing and putting codes of conduct into practice (2 ECTS) *Beer/Kuhn*
- XPP202** Online abuse and cybersex addiction (2 ECTS) *Carrón de la Torre/Kuhn*
- XPP203** Conducting formation sessions on topics of safeguarding and/or human formation (2 ECTS) *Beer/Kuhn*
- XPP204** Development and regular updating of prevention programs (2 ECTS) *Beer/Kuhn/Zollner*
- XPP205** How to deal with allegations, suspicions, concerns, and knowledge of child abuse in organizations (2 ECTS) *Krämer/Zollner*
- XPP206** Acting in safe ways (2 ECTS) *Kuhn/Zollner*
- XPP207** Rethinking theology from the perspective of victims of (clerical sexual) abuse (2 ECTS) *Beer/Zollner*

### Specialization in Intervention

- XPI201** Rights of victims (2 ECTS) *Krämer/Zollner*
- XPI202** Roles and responsibilities in cases of allegations (2 ECTS) *Krämer*
- XPI203** Meeting victims/disclosure situation (2 ECTS) *Kuhn/Ugolini*
- XPI204** Different kinds of therapy and care for victims (2 ECTS) *Ugolini/Zollner*
- XPI205** What victims need/what helps besides therapy I (2 ECTS) *Ugolini/Zollner*
- XPI206** What victims need/what helps besides therapy II (2 ECTS) *Ugolini/Zollner*
- XPI207** How to meet the needs of secondary victims with personal bonds to the victim or perpetrator (2 ECTS) *Ugolini/Zollner*

**Timetable**

Students will receive all the information about the class timetable at the beginning of each semester.

## FUNDAMENTAL COURSES

**XP2001 Childhood and Culture: an international approach**

**Objectives and content:** Students compare their own childhood to their peers' experiences and the way children in their cultures grow up today. They become aware of elements of their own upbringing with regard to language, customs and traditions, values, norms, religion, gender, community, and recent changes. They compare their own views with those of others. Students evaluate the various cultural concepts of childhood with regard to: the universal rights of children; the theology of childhood; developmental psychology; the vulnerability of children; legal aspects.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Peter Beer/Sr. Karolin Kuhn, ssnd/Sr. Grazia Vittigni, ssc*

**XP2002 Sexuality and (un) healthy chastity**

**Objectives and content:** Students compare various cultural attitudes towards sexuality with regard to sexual education, gender roles, changes due to media influence, and the internet. They analyse healthy styles of relationships with regard to closeness and distance, theological and spiritual aspects, and emotional factors. They become personally aware of their own sexual and relational histories and how they have influenced their lifestyle choices.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Sr. Karolin Kuhn, ssnd/R.D. Gottfried Ugolini/Fr. Hans Zollner*

### XP2003 Indicators of maltreatment and sexual abuse

**Objectives and content:** Students identify various forms of maltreatment and their consequences. They describe various forms of maltreatment. They recognize the impact of abuse on the lives of the victims by becoming aware of and more sensitized to: possible consequences of abuse, barriers to and aids for disclosure. They recognize the possible signs and indicators of abuse. They explain the specific dangers of cyber abuse.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course. (1 week of classes, 2 ECTS)

*Sr. Karolin Kuhn, ssnd/Sr. Grazia Vittigni, ssc/Fr. Hans Zollner*

### XP2004 Understanding and assisting victims and survivors of sexual abuse

**Objectives and content:** Students become aware of how the reality of abuse affects victims, secondary victims, safeguarding personnel, the church, and society. They empathize with victims. They confront the reality of (clerical) abuse with their own spirituality and images of the Church. They reflect on the theological implications. They reflect on proper self-care with regard to emotion regulation and compassion fatigue.

Students react properly when confronted with abuse. They critically assess their own attitudes, fears, resistances, etc. They critically assess risk and protective factors in their own cultures. They describe the guidelines and processes in canon and civil law. They become aware of available forms of assistance and therapy for victims. They become aware of the opportunities and challenges of pastorally accompanying victims and secondary victims.

Students react properly when confronted with abuse – Part II (*elective topics to choose from*). They deal appropriately with major changes in minors. They create specific ways to pastorally care for victims and secondary victims. They reflect on the specific vulnerability for (sexual) abuse imposed by: disability; migration/displacement; war; etc. They analyse how to promote cybersecurity in their own professional field.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(3 weeks of classes, 6 ECTS)

*Sr. Karolin Kuhn, ssnd/R.D. Gottfried Ugolini/Fr. Hans Zollner*

## XP2005 Identifying and working with perpetrators

**Objectives and content:** Students explain the dynamics of offending. They explain the different types of perpetrators (with special attention to clerical offenders). They recognize the signs and indicators of potential offenders. They explain the internal and external processes that enable abuse such as: cognitive distortions; grooming techniques; overcoming of hurdles and inhibitors. They name the dynamics of online offenders. Students identify the causes of abuse with regard to: individual aspects; cultural aspects; societal aspects. Students become aware of their own feelings and attitudes with regard to clerical offenders. Students become aware of the challenges talking to perpetrators poses.

Students name options for therapy and care for offenders with regard to: proper accompaniment of alleged offenders; therapeutic options; pastoral care; aftercare.

Students explain legal and canonical implications. They explain the norms of canon law. They investigate the laws in their own countries.

Students reflect on the theological implications. They discuss issues related to confession. They reflect on theological topics such as: justice; mercy; forgiveness; salvation. They become aware of how the existence of clerical sexual abuse affects them personally.

**Method:** The course will combine lecture, reading and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(2 weeks of classes, 4 ECTS)

*Sr. Karolin Kuhn, ssnd/Fr. Hans Zollner*

## XP2006 Sexual abuse in institutions

**Objectives and content:** Students analyse the mistakes made in the church in the past and the proper remedies. They realize that sexual abuse happens in all parts of the world. They recognize false attitudes towards victims and explain the appropriate ones. They recognize failures in dealing with (potential) abusers and explain the adequate responses. They realize the negative effects of inadequate institutional responses and explain proper reactions. They realize the negative effects of a lack of transparency or inadequate collaboration with the media and reflect appropriate and honest communication.

Students describe how institutional structures and dynamics can contribute to abuse or prevent it by reflecting on structure, dynamics, institutional culture, and roles.

Students critically assess theological and organizational convictions and interpretations of power, roles, and responsibilities that contribute to abuse or help prevent it by reflecting on clericalism, hierarchicalism, power in the church; individual, structural, and cultural aspects that might contribute to the abuse of power and the abuse of conscience; power, authority, obedience, service.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(2 weeks of classes, 4 ECTS)

*Mons. Klaus Krämer/Sr. Karolin Kubn, ssnd/Fr. Hans Zollner*

## XP2007 Prevention - How to create safe and sacred places?

**Objectives and content:** Students confront various approaches to prevention. They describe various approaches towards prevention. They explain what makes them effective. They analyse existing prevention programmes in the various cultures and work fields with regard to their effectiveness. Students analyse risk and protective factors in church related institutions such as (elective topics to choose from): schools, residential facilities (boarding schools, children's homes, etc.), hospitals, houses of forma-



tion, parishes, universities, communities, any of the above with respect to disabled minors and adults, etc.

(Drawing on all the knowledge gained so far,) students develop a prevention project or strategy for a church-related institution. They develop a culturally sensitive prevention plan for a specific school, hospital, residential home, etc. They develop a culturally sensitive human formation workshop for a seminary etc. They develop culturally sensitive codes of conduct for parishes, communities, etc.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(2 weeks of classes, 4 ECTS)

*Mons. Klaus Krämer/Mons. Peter Beer*

## XP2008 Practical Week 1: Healthy Chastity

**Objectives and content:** Students reflect on how to live a chaste life in a positive way. Students reflect on healthy relationships/friendships, psychosexual maturity; adequate integration of sexual desires/fantasies; issues related to masturbation/pornography.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Fr. Hans Zollner*

## XP2009 Practical Week 2: listening to victims

**Objectives and content:** Students practise how to listen to victims well by believing victims and reacting in an adequate way.

Students practise how to document disclosure situations.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Fr. Hans Zollner*

### XP2010 Practical Week 3: conducting formation sessions

**Objectives and content:** Students reflect on various target groups and develop adequate objectives. Students practice how to properly choose the content (with regard to the specific target group). Students practice how to select appropriate forms of presentation and other methods. Students practice conducting formation sessions.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Fr. Hans Zollner*

### XP2011 Writing guidelines

**Objectives and content:** Students acquire the essential elements of guidelines, considering also the aspects of canon and civil law, and offering a critical analysis of the existing ones.

They will be asked to write and update existing guidelines.

Students are also introduced to the theoretical aspects of the scientific work.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Sr. Karolin Kubn, ssnd*

### **XP2012 Turning guidelines into concrete policies for (individual) institutions**

**Objectives and content:** The main purpose is a qualified reading of Guidelines. They will identify common elements; relevant pieces of information for various target groups (like staff, children, parents), the most accessible language, how to involve those affected, as well as communicate and reinforce the contents.

Students are also introduced to the practical aspects of the scientific work as writing a paper.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course. (1 week of classes, 2 ECTS)

*Mons. Klaus Krämer/Sr. Karolin Kuhn, ssnd*

### **XP2016 The importance of supervision and accompaniment**

**Objectives and content:** How important are supervision and accompaniment? Its importance for a professional work of value. Its significance for personal assistance. Its role preventing compassion fatigue and attending to the spiritual dimension. Preparation to the Internship.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course. (1 week of classes, 2 ECTS)

*R.D. Gottfried Ugolini/Fr. Hans Zollner*

### **XP2020 Accompanying both victims and secondary victims on their personal journey**

**Objectives and content:** How to accompany victims and secondary victims on their personal journey? Prayer, spiritual direction and all those

means which helps to the creation of relationship, in order to work together through obstacles and crises.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 1 ECTS)

*R.D. Gottfried Ugolini/Fr. Hans Zollner*

## XP2021 Dealing with irritated systems

**Objectives and content:** How to deal with irritated systems? Students will observe dysfunctional institutions, institutional cultures that lack integrity, traumatized institutions. Steps to take to deal with and change irritated systems will be suggested.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 1 ECTS)

*Mons. Peter Beer*

## XP2022 Abuse of power

**Objectives and content:** Students will analyse the abuse of power. They will investigate on its forms and dynamics; rightful authority; responsibility, transparency, accountability; how to prevent it.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 1 ECTS)

*Mons. Klaus Krämer*

## XP2023 Spiritual abuse/abuse of conscience

**Objectives and content:** Students will define the Spiritual abuse/abuse of conscience (when/how it occurs); the risk assessment with consideration of various cultural realities, and how to prevent the spiritual abuse.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 1 ECTS)

*Fr. Hans Zollner*

## SPECIALIZATION IN PREVENTION

### XPP201 Collaboratively developing and putting codes of conduct into practice

**Objectives and content:** How to develop codes based on guidelines and polices; how to introduce the various groups involved to these codes of conduct; introducing them to new staff, etc.; continuous reinforcement of content to all target groups; managing breaches of codes of conduct; having confidence to speak out and challenge inappropriate behaviour and boundary violations when it is not necessarily abuse but is inappropriate.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, written papers, and reflections

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Peter Beer/Sr. Karolin Kubn, ssnd*

### XPP202 Online abuse and cybersex addiction

**Objectives and content:** Risks and forms of online abuse; children and pornography; cybersex addiction.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Fr. Antonio Carrón de la Torre, oar /Sr. Karolin Kubn, ssnd*

### **XPP203 Conducting formation sessions on topics of safeguarding and/or human formation**

**Objectives and content:** Topics set by the target group; researching the topic; designing a workshop; design suitable for the topic and target group; delivering the session; observations; evaluating the session; revising the workshop.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Peter Beer/Sr. Karolin Kubn, ssnd*

### **XPP204 Development and regular updating of prevention programs**

**Objectives and content:** Critical analysis of existing ones; contents and time frame; culturally sensitive methods; evaluation; frequency of revision.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Peter Beer/Sr. Karolin Kubn, ssnd/Fr. Hans Zollner*

### **XPP205 How to deal with allegations, suspicions, concerns, and knowledge of child abuse in organizations**

**Objectives and content:** 1) with regard to victims. Preparing staff for unplanned disclosure situations; preparing for interviews in cases of suspi-

cion; documentation of interviews/disclosures; legal aspects and responsibilities; professional assistance; (non-)involvement of parents.

2) With regard to staff/non-staff perpetrators. Legal aspects and responsibilities; documentation of allegations/suspensions; involvement of and working with law enforcement, child protective services and other professional; agencies – using their expertise and ensuring procedures are followed; emphasizing that it is not for the church to decide whether abuse has occurred but the legal agencies; internal and external ombudsmen to turn to.

3) Development of strategies for a school (district), parish community, hospital, etc. Support for the wider institutional community who might be in disbelief and shock; information sharing – legal aspects; how to support the accused as well as monitor their behaviour.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Mons. Klaus Krämer/Fr. Hans Zollner*

## **XPP206 Acting in safe ways**

**Objectives and content:** Safe recruitment process; proper boundaries; professional standards; essential safeguarding knowledge.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Sr. Karolin Kubn, ssnd/Fr. Hans Zollner*

## **XPP207 Rethinking theology from the perspective of victims of (clerical sexual) abuse**

**Objectives and content:** Contextual theology; standing in solidarity with and taking the stance of victims of (clerical sexual) abuse (and other poor and marginalized people); chances and challenges; areas to be exam-

ined in theology/spirituality/formation and the consequences for theology/spirituality/formation.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Peter Beer/Fr. Hans Zollner*

## SPECIALIZATION IN INTERVENTION

### XPI201 Rights of victims

**Objectives and content:** According to civil law; according to canon law; assisting victims in their decisions and/or legal journey; depending on the age of the victim (today and at the time of the abuse); confidentiality; transparency of process.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Klaus Krämer/Fr. Hans Zollner*

### XPI202 Roles and responsibilities in cases of allegations

**Objectives and content:** The role of the intervention specialist; the involvement of external experts (to assist the victim); the role or involvement of ecclesiastical authorities.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Mons. Klaus Krämer*



### XPI203 Meeting victims/disclosure situation

**Objectives and content:** Listening to victims; recordkeeping; role and responsibilities and their limits, limitations for intervention specialists; subsequent steps.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*Sr. Karolin Kuhn, ssnd/R.D. Gottfried Ugolini*

### XPI204 Different kinds of therapy and care for victims

**Objectives and content:** Effectiveness of various treatments; varying degrees of traumatization of abuse victims and appropriate therapies for the various groups; trauma theory and trauma therapy; cultural differences.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*R.D. Gottfried Ugolini/Fr. Hans Zollner*

### XPI205 What victims need/what helps besides therapy I

**Objectives and content:** Spiritual and holistic pathways towards healing and reconciliation; various possible forms; conditions under which these ways can be helpful; opportunities and limits; cultural appropriateness of the various forms; self-responsibility/self-image.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*R.D. Gottfried Ugolini/Fr. Hans Zollner*

## **XPI206 What victims need/what helps besides therapy II**

**Objectives and content:** Restorative justice; possibilities for participation of victim; teaching and implementing guidelines/codes of conduct.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*R.D. Gottfried Ugolini/Fr. Hans Zollner*

## **XPI207 How to meet the needs of secondary victims with personal bonds to the victim or perpetrator**

**Objectives and content:** Families of both victims and perpetrators; close co-workers; friends, peers.

**Method:** The course will combine lecture, reading, and seminar discussion, and will focus on a range of selected texts.

**Evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.  
(1 week of classes, 2 ECTS)

*R.D. Gottfried Ugolini/Fr. Hans Zollner*

## Listado y horario de los Cursos

### CURSOS BÁSICOS

#### 1° Semestre

<b>XP2001</b>	Infancia y cultura: una perspectiva internacional (2 ECTS)	<i>Carrón</i>
<b>XP2002</b>	Sexualidad y castidad madura e inmadura (2 ECTS)	<i>Glez Casas</i>
<b>XP2003</b>	Indicadores de maltrato y abuso sexual (2 ECTS)	<i>Portillo</i>
<b>XP2004</b>	Comprender y asistir a las víctimas y sobrevivientes de abuso sexual (6 ECTS)	<i>Carrón, Glez Casas, Portillo</i>
<b>XP2005</b>	Identificar y trabajar con los abusadores (4 ECTS)	<i>Carrón, Glez Casas, Portillo</i>
<b>XP2006</b>	Abuso sexual en las Instituciones (4 ECTS)	<i>Carrón, Glez Casas, Portillo</i>
<b>XP2007</b>	Medidas de Prevención: ¿Cómo crear espacios seguros? (4 ECTS)	<i>Carrón, Glez Casas, Portillo</i>
<b>XP2008</b>	Semana de práctica: castidad madura (2 ECTS)	<i>Carrón, Glez Casas, Portillo</i>
<b>XP2009</b>	Semana de práctica: Escuchar a las víctimas (2 ECTS)	<i>Carrón, Glez Casas, Portillo</i>
<b>XP2010</b>	Semana de práctica: Sesiones de formación (2 ECTS)	<i>Carrón, Glez Casas, Portillo</i>

## Horario de los Cursos

Los estudiantes recibirán toda la información sobre el horario al inicio del curso académico.

## CURSOS BÁSICO

**XP2001 Infancia y cultura: una perspectiva internacional**

**Objetivos y contenido:** El estudiante compara las experiencias de su propia infancia con la de sus compañeros, así como con la forma en la que crecen los niños de su cultura en la actualidad: toma conciencia de aspectos con los que se ha criado en relación al idioma, las costumbres y tradiciones, los valores, las normas, la religión, el género, la comunidad y los cambios recientes; compara su punto de vista con el de sus compañeros. Evalúa los distintos conceptos culturales de infancia en relación a: los derechos universales de los niños; la teología de la infancia; el desarrollo psicológico; la vulnerabilidad de los niños; aspectos jurídicos.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(1 semana, 2 ECTS)

*R. P. Antonio Carrón de la Torre, oar*

**XP2002 Sexualidad y castidad madura e inmadura**

**Objetivos y contenido:** El estudiante compara diferentes actitudes culturales hacia la sexualidad con referencia a: la educación sexual; los roles de género; los cambios producidos por la influencia de los medios de comunicación e internet. Analiza relaciones de tipo saludable con referencia a: la proximidad y la distancia; los aspectos teológicos y espirituales o los aspectos emocionales. Toma conciencia personal de su propia historia sexual y relacional. Se da cuenta de cómo su propia historia sexual y relacional ha influenciado la elección de su estilo de vida.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(1 semana, 2 ECTS)

*Rev. da M. Rosaura Gonzalez Casas, stj*

### XP2003 Indicadores de maltrato y abuso sexual

**Objetivos y contenido:** El estudiante identifica distintas formas de maltrato y sus consecuencias: describe diversas formas de maltrato; reconoce el impacto que el abuso tiene sobre la vida de las víctimas al tomar conciencia y sensibilizarse con: la experiencia de las víctimas; las posibles consecuencias del abuso; las barreras para revelar el abuso; identifica posibles señales e indicadores de abuso; explica los peligros específicos del abuso cibernético.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(1 semana, 2 ECTS)

*R.D. Daniel Portillo Trevizo*

### XP2004 Comprender y asistir a las víctimas y sobrevivientes de abuso sexual

**Objetivos y contenido:** El estudiante toma conciencia de cómo el abuso sexual afecta a: víctimas, víctimas secundarias, trabajadores en el ámbito de la protección de menores, a la Iglesia, y a la sociedad. Empatiza con las víctimas. Confronta la realidad del abuso sexual por parte del clero con su propia espiritualidad y con las distintas imágenes de la Iglesia. Considera las implicaciones a nivel teológico. Reflexiona sobre cómo cuidar adecuadamente de sí mismo en lo referente a: regular las emociones y la fatiga por compasión.

El estudiante reacciona de manera adecuada ante una situación de abuso sexual: hace un examen crítico de sus propias actitudes, temores, resistencias, etc; analiza de forma crítica los factores de riesgo y protección en su cultura; describe las líneas guía/directrices y procedimientos en los derechos civil y canónico; conoce las posibilidades de ayuda y terapia disponibles para las víctimas; realiza ejercicios prácticos sobre acompañamiento pastoral a víctimas y víctimas secundarias.

El estudiante reacciona de manera adecuada ante una situación de abuso – Parte II (temas optativos a elegir). a. Aborda adecuadamente cambios importantes en menores. b. Afronta factores de riesgo y de pro-

tección en su propio ámbito de trabajo. c. Realiza investigaciones preliminares. d. Idea formas concretas de acompañamiento pastoral a las víctimas y víctimas secundarias. e. Reflexiona sobre situaciones específicas de vulnerabilidad impuestas por la: – discapacidad. – migración. – guerra. – etc. f. Estudia cómo se puede fomentar la seguridad cibernética en su ámbito de trabajo.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(3 semanas, 6 ECTS)

*R. P. Antonio Carrón de la Torre, oar/*

*Rev. da M. Rosaura Gonzalez Casas, stj/R.D. Daniel Portillo Trevizo*

## **XP2005 Identificar y trabajar con los abusadores**

**Objetivos y contenido:** El estudiante expone las dinámicas del abuso: describe los distintos tipos de abusadores (prestando especial atención a los abusadores en el clero); reconoce señales e indicadores en potenciales abusadores; explica procesos internos y externos que llevan al abuso como: las distorsiones cognitivas, las técnicas de grooming, no respetar los límites y los inhibidores; define las dinámicas de los abusadores en internet. Identifica las causas de abuso en relación a: aspectos individuales; aspectos culturales; aspectos sociales. Reconoce sus propios sentimientos y actitudes hacia los abusadores en el clero. Toma conciencia de los retos que plantea mantener un diálogo con un abusador.

El estudiante enumera opciones de terapia y atención para agresores con respecto a: un acompañamiento adecuado a los presuntos agresores; opciones de terapia; atención pastoral; cuidado posterior. Expone las implicaciones jurídicas y canónicas: Explica las normas en derecho canónico. Estudia la legislación del país de origen. Reflexiona sobre las implicaciones a nivel teológico: Debate cuestiones relativas a la confesión. Reflexiona sobre cuestiones teológicas como: la justicia; la misericordia; el perdón; la salvación. Reconoce cómo el abuso sexual por parte del clero le afecta a nivel personal.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(2 semanas, 4 ECTS)

R. P. Antonio Carrón de la Torre, oar/  
Rev.da M. Rosaura Gonzalez Casas, stj/R.D. Daniel Portillo Trevizo

## XP2006 Abuso sexual en las Instituciones

**Objetivos y contenido:** El estudiante analiza los errores cometidos por la Iglesia en el pasado y los remedios apropiados: toma conciencia de que el abuso sexual ocurre en cualquier parte del mundo; identifica las actitudes falsas hacia las víctimas y explica las actitudes adecuadas; señala los errores al tratar con (potenciales) abusadores y presenta las respuestas adecuadas; reconoce las consecuencias negativas que tiene una respuesta institucional inadecuada y explica cuál sería una reacción apropiada; reconoce las consecuencias negativas de la falta de transparencia o de una colaboración no adecuada con los medios de comunicación y reflexiona sobre cómo establecer una comunicación apropiada y honesta.

Describe cómo las estructuras y dinámicas institucionales pueden contribuir al abuso o a su prevención analizando: la estructura; las dinámicas; la cultura institucional; los roles; el liderazgo.

El estudiante examina los factores estructurales positivos y negativos de su diócesis y congregación. Identifica los cambios necesarios para que la Iglesia como institución o su congregación sean un lugar más seguro. Evalúa de forma crítica las convicciones teológicas y las interpretaciones que contribuyen al abuso o a su prevención: identifica cómo la teología del sacerdocio puede contribuir al abuso o a su prevención; reflexiona sobre cuestiones eclesiológicas y sacramentales frente al abuso.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(2 semanas, 4 ECTS)

R. P. Antonio Carrón de la Torre, oar/  
Rev.da M. Rosaura Gonzalez Casas, stj/R.D. Daniel Portillo Trevizo

## XP2007 Medidas de prevención: ¿Cómo crear espacios seguros?

**Objetivos y contenido:** El estudiante compara y describe los distintos enfoques hacia la prevención: explica los aspectos que hacen que la prevención sea efectiva; analiza programas de prevención existentes en distintas culturas y ámbitos de trabajo en relación a su efectividad. Examina los factores de riesgo y prevención en instituciones de la Iglesia (temas optativos a elegir): a. Escuelas. b. Centros residenciales (internados, hogares infantiles, etc.). c. Hospitales. d. Casas de formación. e. Parroquias. f. Universidades. g. Comunidades. h. Cualquiera de los anteriores en relación con los menores y adultos discapacitados. i. Otros.

(Basándose en los conocimientos adquiridos hasta el momento) el estudiante elabora un proyecto o estrategia de prevención para una Institución de la Iglesia. a. Desarrolla un plan de prevención adaptado a la cultura para una escuela, hospital, centro residencial, etc., específico. b. Elabora una sesión de formación humana adaptada a la cultura para un seminario, etc. c. Desarrolla códigos de conducta para parroquias, comunidades, etc., adaptados a la cultura. d. Etc.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(2 semanas, 4 ECTS)

*R. P. Antonio Carrón de la Torre, oar/*

*Rev. da M. Rosaura Gonzalez Casas, stj/R.D. Daniel Portillo Trevizo*

## XP2008 Semana de práctica: castidad madura

**Objetivos y contenido:** El estudiante reflexiona sobre cómo vivir la castidad de forma positiva. El estudiante profundiza sobre: las relaciones y amistades saludables; la madurez psico-sexual; la integración adecuada de los deseos y fantasías sexuales; Las cuestiones relacionadas con la masturbación y la pornografía.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.



**Bibliografía:** Será indicada al inicio del curso.  
(1 semana, 2 ECTS)

*R. P. Antonio Carrón de la Torre, oar/  
Rev.da M. Rosaura Gonzalez Casas, stj/R.D. Daniel Portillo Trevizo*

## **XP2009 Semana de práctica: Escuchar a las víctimas**

**Objetivos y contenido:** El estudiante realiza ejercicios prácticos sobre cómo escuchar adecuadamente a las víctimas, creer a las víctimas y reaccionar de forma adecuada.

Realiza ejercicios prácticos de documentación de casos en los que se revela un abuso.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(1 semana, 2 ECTS)

*R. P. Antonio Carrón de la Torre, oar/  
Rev.da M. Rosaura Gonzalez Casas stj/R.D. Daniel Portillo Trevizo*

## **XP2010 Semana de práctica: sesiones de formación**

**Objetivos y contenido:** El estudiante reflexiona sobre distintos tipos de destinatarios y elabora objetivos adecuados. Trabaja en la elección de contenidos (adecuándose al grupo de destinatarios concreto). Se ejercita con distintas formas de presentación y otros métodos. Lo lleva a la práctica realizando sesiones de formación.

**Método:** El curso compaginará conferencias, lecturas y seminarios de discusión y se centrará en una serie de textos seleccionados.

**Evaluación:** La evaluación se basará en la participación en clase y en el trabajo conclusivo presentado por escrito.

**Bibliografía:** Será indicada al inicio del curso.  
(1 semana, 2 ECTS)

*R. P. Antonio Carrón de la Torre, oar/  
Rev.da M. Rosaura Gonzalez Casas, stj/R.D. Daniel Portillo Trevizo*

*Faculty/Institute/Centre*

X = *Centre for Child Protection*

*Type of Courses*

XP = *Fundamental/Básico*

XPP = *Specialization in Prevention*

XPI = *Specialization in Intervention*

**ECTS** = **European Credits Transfer System**, credits according to “Bologna Declaration”: 1 ECTS corresponds to about 25 hours of student commitment, 7-8 hours of class attendance, 14-16 hours of personal work, 2-3 hours in the context of examinations.

- Beer 10, 11, 13, 17, 20, 21, 22, 24  
Carròn de la Torre 11, 22, 27, 28, 30,  
31, 32, 33  
Gonzalez Casas 27, 28, 30, 31, 32,  
33  
Krämer 10, 11, 16, 17, 19, 20, 23, 24  
Kuhn 10, 11, 13, 14, 15, 16, 18, 19,  
21, 22, 23, 25  
Portillo Trevizo 27, 29, 30, 31, 32,  
33  
Ugolini 10, 11, 13, 15, 19, 20, 25, 26  
Vittigni 10, 13, 14  
Zollner 10, 11, 13, 14, 15, 16, 17, 18,  
19, 20, 21, 22, 23, 24, 25, 26

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