

**ISTITUTO DI  
ANTROPOLOGIA**  
Studi interdisciplinari sulla dignità umana  
e sulla cura delle persone vulnerabili

**PROGRAMMA DEGLI STUDI**  
*Academic Programme - Course Offerings*  
**2022-2023**

Director  
R.P. Hans ZOLLNER

Gli aggiornamenti di questa edizione si trovano consultando il sito internet  
<https://iadc.unigre.it/>

*The offices of the Gregorian University are open to the public in accordance with the health regulations and guidelines established by the Italian government regarding COVID-19.*

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L'Istituto di Antropologia della Pontificia Università Gregoriana si impegna ad accrescere la consapevolezza della dignità della persona umana, promuovendo conoscenza e ricerca interdisciplinare sulla dignità umana e formando persone specializzate nell'applicazione di misure per la sua cura e tutela, nonché nella creazione di relazioni e ambienti sani. L'Istituto intende questo impegno come un contributo alla formazione di donne e uomini "per gli altri", soprattutto per le persone la cui dignità è stata ferita e per quelle la cui dignità ha bisogno di una particolare cura.

L'Istituto ha come obiettivi:

- Promuovere una maggiore sensibilità e la disponibilità ad agire di conseguenza e coerentemente a favore della dignità umana e della cura delle persone vulnerabili, contribuendo così a un impegno efficace della Chiesa Cattolica.
- Contribuire alla formazione di professionisti nell'ambito della tutela delle persone vulnerabili, che sappiano applicare efficacemente nei diversi contesti sociali e culturali le conoscenze e le competenze acquisite, per un migliore servizio alla missione della Chiesa e alla società in generale.

### Curricolo degli studi

L'Istituto di Antropologia offre i seguenti programmi accademici:

- Il Diploma – della durata di un semestre (30 ECTS), che si conclude con il Diploma in *Safeguarding* – mira a offrire una solida formazione di base sulle molteplici problematiche coinvolte nel campo del *Safeguarding* nonché sulle loro interrelazioni, fornendo agli studenti le competenze necessarie per un inserimento professionale oppure per il prosieguo degli studi.
- Il Ciclo di Licenza – della durata di quattro semestri (120 ECTS), che si conclude con la Licenza in *Safeguarding* – conduce lo studente a una più profonda conoscenza e una speciale esperienza delle materie insegnate; esso dà inoltre agli studenti la capacità di servirsi delle nozioni acquisite, sia per la loro applicazione pratica sia per la ricerca scientifica, rendendoli non solo capaci di trasmettere le conoscenze acquisite, ma anche di supervisionare le attività di *safeguarding* e validare le competenze raggiunte da altri (*quality management*).

- Il Ciclo di Dottorato consiste in un percorso di studio e di ricerca, che mira a formare specialisti nell'ambito degli studi antropologici sulla dignità umana e sulla cura delle persone vulnerabili e che si conclude con il conseguimento del Dottorato in Antropologia.

L'accesso ai programmi prevede una selezione sulla base di titoli, motivazione personale e prospettiva di un futuro lavoro nel campo.

Oltre ai curricula di studio offerti in sede, l'Istituto collabora con partner accademici e educativi internazionali offrendo strumenti di insegnamento a distanza per lo sviluppo di programmi educativi e formativi in *Safeguarding*.

Per un ulteriore approfondimento su pedagogia, programmi di studio e descrizione dei corsi, offerti in lingua inglese e spagnola, si invita a consultare le relative sezioni.

The Institute of Anthropology at the Pontifical Gregorian University is committed to raising awareness about human dignity, promoting education and interdisciplinary research on human dignity. Its purpose is also to train people who specialize in applying measures that aim to promote and protect human dignity and who work to create healthy relationships and environments. The Institute intends to contribute to the formation of men and women who serve others – especially those whose dignity has been wounded and those whose dignity needs special care.

The Institute's objectives are

- a. To promote greater sensitivity and willingness to act in a way that consistently promotes human dignity and care for vulnerable people, thus contributing to a practical commitment of the Catholic Church.
- b. To contribute to the formation of professionals working to protect vulnerable people, who know how to apply their knowledge and skills effectively in different social and cultural contexts and which intend to serve the mission of the Church and society as a whole.

## Academic Programs in Safeguarding and Anthropology

The Institute of Anthropology offers two academic programs in safeguarding and one in anthropology.

- Diploma in Safeguarding (one semester program, 30 ECTS)
- Licentiate in Safeguarding (two-year program, 120 ECTS)
- Doctorate in Anthropology (three-year program)

The Diploma in Safeguarding is a one-semester, full-time program, meaning the courses fill entire week days. This course is best suited for those who are going to work in a professional capacity to promote safeguarding in their home countries (in a variety of fields).

The Licentiate in Safeguarding is a comprehensive two-year course that leads to an interdisciplinary licentiate degree in safeguarding. Licentiate students take part in the diploma program during their first semester. Semesters 2-4 build on that foundation. Students must accumulate 120 ECTS through their coursework.

The Doctorate in Anthropology is a course of study and research that aims to train specialists in anthropological studies on human dignity and the care of vulnerable people.

## Pedagogy and Methodology

Our programs have a *student-centered approach* aimed at providing students with a learning environment that continually challenges them to take their next step towards the lasting acquisition of knowledge, skills, and behaviors. The programs are designed to facilitate the development of the whole person and presuppose the students' willingness to take responsibility for their own learning as well as to engage in personal reflection, feedback processes, supervision, practical workshops, and faith sharing. This student-centered approach also fosters the contextualization of the course contents, as students are invited to continuously reflect on whether and how certain content, skills, and behaviors might or might not be applicable in their own cultures and/or professional fields.

Students are perpetually graded on their efforts (learning process and class participation), their results (completion of tasks), and the level of their personal and professional reflection.

## Admission Requirements

In order to be admitted to the **Diploma in Safeguarding** candidates must have:

- at least a bachelor's degree (first-cycle university degree) with a final grade average of at least *Cum Laude* in subject areas relevant to the subjects taught;
- sufficient knowledge of the language of instruction;
- personal motivation and the prospect of future work in the field.

In order to be admitted to the **Licentiate in Safeguarding** candidates must have:

- at least a bachelor's degree (first-cycle university degree) with a final grade average of at least *Cum Laude* in subject areas relevant to the subjects taught;
- sufficient knowledge of the language of instruction;
- personal motivation and the prospect of future work in the field.

In order to be admitted to the **Doctorate in Anthropology** candidates must have:

- at least a Licentiate in Safeguarding or a second-cycle academic



degree enabling them to undertake interdisciplinary research on human dignity and the care of vulnerable people;

- a knowledge of the languages necessary for scientific research, as determined by the *director* and the dissertation moderator. Students who do not demonstrate sufficient knowledge of these languages must acquire them during the *Cursus ad doctoratum*.

Candidates should go through an application process before following the university procedures. This process usually starts the semester before the program begins. The application form and deadlines are on the Institute's website.

### Diploma in Safeguarding: Course Structure

The **aim** of the diploma is to give students a thorough basic introduction to safeguarding and the many multidisciplinary issues which touch on this topic, as well as to their interrelatedness, while equipping students with the competencies needed for further augmenting their skills after the completion of the course. In addition, students gain an awareness of the limits of their knowledge, considering their previous studies and fields of expertise, as well as the new areas and disciplines they learn about.

Students learn the practical application of their newly gained competencies through a series of real-life tasks specific to their own cultural backgrounds. This course fosters the growth of students' abilities to effectively create change and implement preventative measures.

### Licentiate in Safeguarding: Course Structure

The Licentiate in Safeguarding is a four-semester program with the following structure:

- *Semester 1*, Theoretical semester with workshop weeks (30 ECTS)  
Multidisciplinary foundation with regard to all major aspects of safeguarding.
- *Semester 2*, Theoretical semester (28 ECTS)  
Elements geared towards personal development and human formation.

*Semester 3, Practical semester (26 ECTS)*

- 450 hours of supervised internship in an area of safeguarding related to the student's specialization.
- 200 hours of literature study, reflection on experiences, written internship reports, online contact with IADC supervisors.

*Semester 4, Theoretical semester (12 ECTS)*

- Elements geared towards personal development and human formation.
- A practical week on the future roles of safeguarding professionals (pass/fail)

The licentiate ends with final exams (written and oral) and the presentation and defense of a thesis: 14 ECTS for the licentiate thesis and its presentation, 10 ECTS for the final exams.

Students may only take part in the final examinations if they pass the examinations of each individual course, the practical training, and the thesis.

Licentiate students must prepare a thesis under the supervision of a professor approved by the director. The licentiate thesis consists of an original text of about 50 pages (about 100,000 characters), excluding the bibliography. Students will defend the thesis before the final oral examination.

### **Doctorate in Anthropology: Course Structure**

A Doctorate in Anthropology usually takes three years to complete (six semesters). It includes the writing of a dissertation, which provides a significant contribution to the field and which candidates must defend in front of a panel of experts.

Students receive rigorous scientific training in the *cursus ad doctoratum* (semesters 1-3), which help them develop their research skills and become autonomous researchers. Thus, among the requirements of the *cursus ad doctoratum*, there may be a combination of course work and research.

Graduates in Anthropology will receive knowledge about the topics related to the human dignity and care for vulnerable people and the research skills in this field.

## Grade Calculation

The calculation of the **diploma** certificate is based on the average of the grades received in the course examinations.

For the **licentiate**, the following factors are considered:

- Average of course grades: 70%
- Internship: 5%
- Final thesis: 10% (of which 7% for the writing of the thesis and 3% for its defense)
- Final exams: 15% (of which 7% for the written exam and 8% for the oral exam)

For the **doctorate**, the following factors are considered:

- Dissertation: 80%
- Defense: 20%

## II. ACADEMIC CALENDAR OF THE YEAR

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### PRE-ENROLLMENT

**15 July** Last day for requesting pre-enrollment certificates  
Requests for pre-enrollment in the new academic year will be processed in September when administrative activities resume.

### ENROLLMENT AND REGISTRATION

**28 July** Online pre-registration begins (current students)  
**1 - 28 September** Enrollment/registration for the new academic year (new students)  
**19 Dec. - 30 January** Online pre-enrollment/registration for the second semester  
**27 July 2023** Online pre-enrollment for the academic year 2023-2024

### DOCTORAL DEGREE PROGRAM

**1 Sept. - 17 October** Registration and enrollment in the first semester for the Faculty of Canon Law  
**1 Sept. - 31 October** Registration and enrollment in the first semester (except the Faculty of Canon Law)  
**19 Dec. - 15 February** Registration and enrollment in the second semester for the Faculty of Canon Law  
**19 Dec. - 28 February** Registration and enrollment in the second semester (except the Faculties of Canon Law and of History and Cultural Heritage of the Church)

### COURSES AND SEMINARS

**3 October** First day of lessons of required courses for the first semester and of annual courses  
**10 October** First day of lessons of optional courses, fundamental courses, seminars, workshops, and reading groups for all faculties, institutes, and centers  
**21 Dec. - 8 January** *Christmas Break*  
**9 January** Classes resume  
**20 January** Last day of classes for the first semester  
**20 February** First day of all classes for the second semester  
**1 - 16 April** *Easter Break*  
**17 April** Classes resume  
**31 May** Last day of second semester classes

**CHANGES IN THE PLAN OF STUDY**

3-14 October	For the first semester
20 Feb. - 3 March	For the second semester

**ONLINE EXAM BOOKING**

2-7 September	For the fall exam session of A.Y. 2021-2022
30 Nov. - 12 December	For the winter exam session
3-10 May	For the summer exam session
1-6 September	For the fall exam session of A.Y. 2022-2023

**EXAMS**

19 - 28 September	For the fall exam session of A.Y. 2021-2022
26 Jan. - 10 February	Winter exam session
5 - 28 June	Summer exam session
18 - 27 September	Fall exam session

**ONLINE COURSE EVALUATION**

10-18 January	First semester courses
22-30 May	Second semester and annual courses

**ITALIAN LANGUAGE TEST**

29 September	(Afternoon and only for enrolled students: A.Y. 2021-2022)
7-16 November	(Afternoon only)
13-17 March	(Afternoon only)

**BELLARMINO PRIZE AND VEDOVATO PRIZE**

15 February	Deadline for the submission of doctoral dissertations
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**SCHOLARSHIPS**

15 Mar. - 2 May	Submission of requests for scholarships 2023-2024
By the end of June 2023 presentation of the outcome of the requests.	

# III. IMPORTANT INSTITUTE DEADLINES

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## *First Semester*

26 - 30 September	<i>Introductory week</i> for licentiate and diploma students
3 October	First day of classes
7 - 16 November	(Afternoon only) English Language Test
9 February	Spanish diploma closing ceremony
10 February	English diploma closing ceremony

## *Second Semester*

6 - 10 February	<i>Introductory week</i> for Spanish diploma students
9 February	Spanish diploma opening Mass
13 February	First day of classes for licentiate and Spanish diploma students
13 - 17 March	(Afternoon only) English Language Test
9 June	Last day of classes for licentiate students
16 June	Spanish diploma closing ceremony

## **Licentiate Final Exams**

5 May	Final thesis submission
12 June	Written exam
13 to 15 June	Oral exam

## **Application for A.Y. 2022-2023**

2 January - 15 March 2023	Diploma in Safeguarding
2 January - 15 March 2023	Licentiate in Safeguarding
13 February - 15 May 2023	Doctorate in Anthropology
10 April - 15 June 2023	Diplomado en Safeguarding

## Fundamental Courses

The following courses are fundamental to diploma and licentiate students.

### Diploma

#### *First Semester*

- XP2001** Childhood and culture: an international approach (2 ECTS)  
*Beer/Vittigni*
- XP2002** Sexuality and (un) healthy relationships (2 ECTS) *Lembo*
- XP2003** Indicators of maltreatment and sexual abuse (2 ECTS)  
*Uzabumwana / Vittigni*
- XP2004** Understanding and assisting victims and survivors of sexual  
abuse (6 ECTS) *Lembo / Uzabumwana*
- XP2005** Identifying and working with perpetrators (4 ECTS)  
*Uzabumwana*
- XP2006** Sexual abuse in institutions: a focus on the Catholic Church  
(4 ECTS) *Rinaldi/Vittigni*
- XP2007** Prevention – how to create safe and sacred places (4 ECTS)  
*Beer*
- XP2008** Practical week 1: healthy relationships (2 ECTS) *Lembo*
- XP2009** Practical week 2: listening to victims (2 ECTS) *Zollner*
- XP2010** Practical week 3: conducting formation sessions (2 ECTS)  
*Vittigni/Lembo*

### Licentiate

#### Year 1

#### *First Semester*

Students of the first year attend the same classes as the diploma students.

#### *Second Semester*

- XP2030** Abuse of power (1 ECTS) *Rinaldi*
- XP2031** Spiritual abuse and abuse of conscience (1 ECTS) *Beer/Zollner*
- XP2021** Online abuse and cybersex addiction (2 ECTS) *Carrón/Rinaldi*
- XP2032** Recognizing children at risk (2 ECTS) *Rinaldi*
- XP2033** Dealing with intrafamiliar abuses (2 ECTS) *Rinaldi*
- XP2034** Understanding the dynamics of perpetrators (2 ECTS) *Zollner*
- XP2035** Screening and selection of candidates (2 ECTS) *Rinaldi/Vittigni*

<b>XP2029</b>	Dealing with irritated systems (1 ECTS)	<i>Beer</i>
<b>XP2026</b>	Rethinking ecclesiology from the perspective of victims of (clerical sexual) abuse (2 ECTS)	<i>Beer/Zollner</i>
<b>XP2025</b>	Acting in safe ways: how professionals should behave in order to protect human dignity (2 ECTS)	<i>Lassi/Zollner</i>
<b>XP2028</b>	Accompanying both victims and secondary victims on their personal journeys (1 ECTS)	<i>Zollner</i>
<b>XP2027</b>	Therapy and beyond: theoretical and practical aspects (2 ECTS)	<i>Zollner</i>
<b>XP2016</b>	The importance of supervision and accompaniment (2 ECTS)	<i>Lassi/Zollner</i>
<b>XP2024</b>	Dealing with allegations of child sexual abuse (CSA) in organizations: responsibilities and dynamics (2 ECTS)	<i>Krämer/Zollner</i>

### Workshops

<b>XS2001</b>	Writing a scientific work (2 ECTS)	<i>Rinaldi</i>
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### Year 2

#### *First Semester*

<b>XX2000</b>	Practical semester (26 ECTS)
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#### *Second Semester*

<b>XP2011</b>	Writing guidelines (2 ECTS)	<i>Rinaldi</i>
<b>XP2012</b>	Turning guidelines into concrete policies for (individual) institutions (2 ECTS)	<i>Rinaldi</i>
<b>XP2020</b>	Collaboratively developing and implementing codes of conduct (2 ECTS)	<i>Beer</i>
<b>XP2023</b>	Development and regular updating of prevention programs (2 ECTS)	<i>Beer/Zollner</i>
<b>XP2036</b>	Recognizing and teaching safeguarding principles to create safe places (2 ECTS)	<i>Beer</i>
<b>XP2037</b>	Assessing the effectiveness of safeguarding measures (2 ECTS)	<i>Beer</i>
<b>XP2022</b>	Conducting formation sessions on topics of safeguarding and/or human formation (2 ECTS)	<i>Beer/McCallum</i>



## Final Exams

- XE200A** *Tesi* (4 ECTS)  
**XE200B** *Tesi* presentation (10 ECTS)  
**XE2001** Final written exam (5 ECTS)  
**XE2002** Final oral exam (5 ECTS)

## Timetable

Students will receive all the information about the class timetable at the beginning of each semester.

## Third Cycle

### Year 1

#### *Cursus ad doctoratum*

##### *First Semester*

**XS3001** Colloquia for doctoral students, 1 *Vandewiele*

##### *Second Semester*

**XS3002** Colloquia for doctoral students, 2 *Vandewiele*

#### *From the second year on*

Students will meet twice a year to report on their research thus far and to receive valuable contributions relating to the progress of their work as part of a joint discussion.

## Open courses to all university students

##### *Second Semester*

**XO2002** La crisi degli abusi nella Chiesa per una conversione ecclesiologica, di fronte alla sfida del Safeguarding (3 ECTS) *Aemilius*

**Paul Ramsay Chair**

Holder of the Chair: *Director* IADC

**Research Fellows in Pedagogy of Safeguarding**

Sponsored by: Diocese of Rottenburg-Stuttgart

**Guido Fluri Chair**

Sponsored by: Guido Fluri Stiftung

## Fundamental Courses

**XP2001 Childhood and culture: an international approach**

**Objectives:** At the end of the week, students will be able to assess their own cultures, putting them in dialogue with each other respectfully. They will be able to recognize the cultural elements that lead people to define childhood looking at that from different perspectives.

**Content:** Main elements of childhood within the students' cultures; comparison with peers' experiences and the way children in their cultures grow up today; elements of their own upbringing with regard to language, customs and traditions, values, norms, religion, gender, community, and recent changes; evaluation of the various cultural concepts of childhood with regard to the universal rights of children and human dignity; theology of childhood; developmental psychology; vulnerability of children; legal aspects.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer / Sr. Grazia Vittigni, ssc*

**XP2002 Sexuality and (un) healthy relationships**

**Objectives:** At the end of the week, students will be able to write and express the history of their sexuality, becoming aware of the features of their culture as focal elements for the development of the human being.

**Content:** Confronting various cultural attitudes towards sexuality with regard to sexual education, gender roles, changes due to media influence, and the internet; analysis of healthy styles of relationships with regard to closeness and distance, theological and spiritual aspects, and emotional factors.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Sr. Makamatime Lembo, csc*

### XP2003 Indicators of maltreatment and sexual abuse

**Objectives:** At the end of the week, students will be able to recognize the various forms of maltreatment and to identify signs and indicators of abuse.

**Content:** Various forms of maltreatment and their consequences, impact of abuse on the lives of the victims, possible consequences of abuse, barriers to and aids for disclosure; specific dangers of cyber abuse.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Fr. Romuald Uzabumwana, sac / Sr. Grazia Vittigni, ssc*

### XP2004 Understanding and assisting victims and survivors of sexual abuse

**Objectives:** At the end of the course, students will become aware of how the reality of abuse affects victims, secondary victims, safeguarding personnel, church, and society. They will be able to meet a victim and react properly, assessing their feelings and attitudes. They will be able to describe the risk and protective factors in their cultures and to discover the available forms of (pastoral) assistance and therapy in their countries. They will be able to create specific ways to pastorally care for victims and secondary victims. They will be able to reflect on and become aware of the specific vulnerability for (sexual) abuse created by disability, migration, displacement, etc. They will become familiar with ways of promoting cybersecurity in their own professional field.

**Content:** Meetings with victims; comparison between the reality of (clerical) abuse with the image of spirituality and the Church; theological implications; importance of self-care with regard to emotion regulation and compassion fatigue; students' attitudes, fears, resistances, etc.; risk and protective factors in different cultures; canon and civil law's dispositions; forms of assistance and therapy for victims; pastoral accompaniment for victims and secondary victims; cybersecurity.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(3 weeks of classes, 6 ECTS)

*Sr. Makamatime Lembo, csc /Fr. Romuald Uzabumwana, sac*

## **XP2005 Identifying and working with perpetrators**

**Objectives:** At the end of the course, students will be able to recognize the dynamics of offending. Students will identify the causes of abuse with regard to individual, cultural, and societal aspects. Students will be able to assess the measures of assistance for the perpetrators in their countries, even considering legal and canonical implications. They will become aware of how clerical sexual abusers affect them personally.

**Content:** Different types of perpetrators (with attention to clerical offenders); signs and indicators of potential offenders; internal and external processes that enable abuse such as cognitive distortions; grooming techniques; overcoming hurdles and inhibitors; dynamics of online offenders; feelings and attitudes with regard to clerical offenders; challenges posed by talking to perpetrators; therapy and care for offenders with regard to proper accompaniment of alleged offenders; therapeutic options; pastoral care; aftercare; legal and canonical implications; norms of canon law; laws in the different countries; theological implications; homosexuality; confession; theological topics such as justice; mercy; forgiveness; salvation.

**Methodology:** The course will combine lectures, reading and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(2 weeks of classes, 4 ECTS)

*Fr. Romuald Uzabumwana, sac*

## **XP2006 Sexual abuse in institutions: a focus on the Catholic Church**

**Objectives:** At the end of the course, the students will be able to recognize the systemic elements and dynamics of the abuse in institutions, also taking into account the institutions of their countries. They will be

able to deal with issues of abuse of power, clericalism, and hierarchicalism in the Church.

**Content:** How institutional structures and dynamics can contribute to abuse or prevent it; reflection on structure, dynamics, institutional culture, and roles; mistakes made in the Church in the past and the proper remedies; abuse as a human problem; wrong versus appropriate attitudes towards victims; failures versus adequate responses in dealing with (potential) abusers; the negative effects of inadequate institutional responses and proper reactions; negative effects of a lack of transparency or inadequate collaboration with the media; theological and organizational convictions and interpretations of power, roles, and responsibilities that contribute to abuse or help prevent it; reflection on clericalism, hierarchicalism, power in the Church; individual, structural, and cultural aspects that might contribute to the abuse of power and the abuse of conscience; power, authority, obedience, service.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(2 weeks of classes, 4 ECTS)

*Dr. Angela Rinaldi / Sr. Grazia Vittigni, ssc*

## **XP2007 Prevention – how to create safe and sacred places**

**Objectives:** At the end of the course, the students will be able to create a prevention program that is adapted to their cultures and environments. They will develop a culturally sensitive prevention plan for a specific school, hospital, residential home, etc.

**Content:** Various approaches to prevention and the elements which make them effective; analysis of existing prevention programs in the various cultures and work fields with regard to their effectiveness; risk and protective factors in church-related institutions such as schools, residential facilities (boarding schools, children's homes, etc.), hospitals, houses of formation, parishes, universities, communities; development of a prevention project or strategy for a church-related institution.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(2 weeks of classes, 4 ECTS)

*Msgr. Peter Beer*

## XP2008 Practical week 1: healthy relationships

**Objectives:** At the end of the practical week, students will be able to recognize the importance of the boundaries and identify the main element of a mature and healthy relationship, which may be a defense against any kind of abuse.

**Content:** How to live a chaste life in a positive way; healthy relationships and friendships, psychosexual maturity; adequate integration of sexual desires/fantasies; issues related to masturbation and pornography.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Sr. Makamatime Lembo, csc*

## XP2009 Practical week 2: listening to victims

**Objectives:** After this practical week, the students will be able to listen to victims' disclosures in a respectful and proactive way.

**Content:** Listening to victims; believing victims and reacting in an adequate way; the features of trauma bond and the barriers to disclosure. Students practice how to document disclosure situations.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Fr. Hans Zollner*

### XP2010 Practical week 3: conducting formation sessions

**Objectives:** At the end of the week, the students will be able to create and conduct a safeguarding formation session with respect to and starting from the traits of the target group.

**Content:** Selecting the target group and developing adequate objectives for formation sessions; choosing content (with regard to the specific target group); selecting appropriate forms of presentation and other methods; running formation sessions.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Sr. Makamatime Lembo, csc / Sr. Grazia Vittigni, ssc*

### XP2011 Writing guidelines

**Objectives:** At the end of the week, the students will be able to write safeguarding guidelines that are culturally sensitive and adapted to their own contexts or work places.

**Content:** Essential elements of guidelines, considering also the aspects of canon and civil law; a critical analysis of the existing guidelines.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Angela Rinaldi*

### XP2012 Turning guidelines into concrete policies for (individual) institutions

**Objectives:** At the end of the week, students will be able to write and update culturally-sensitive policies beginning from the guidelines written during the previous week.



**Content:** The difference between guidelines and policies; main elements; relevant information for various target groups (like staff, children, parents), the most accessible language, the involvement of those affected, as well as communication and reinforcement of the content.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Angela Rinaldi*

## **XP2016 The importance of supervision and accompaniment**

**Objectives:** The students will be able to realize the importance of self-care in safeguarding and to recognize the purpose of supervision and instances in which it is needed.

**Content:** How important are supervision and accompaniment? Their importance for a professional work of value; their significance for personal assistance; their role in preventing compassion fatigue and attending to the spiritual dimension; who to contact to request supervision; where to access help and support for complainants and other secondary victims.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Stefano Lassi / Fr. Hans Zollner*

## **XP2020 Collaboratively developing and implementing codes of conduct**

**Objectives:** At the end of the course, based on their guidelines and policies written during a previous week, students will be able to write a code of conduct which is culturally sensitive and adapted to their contexts or work places.

**Content:** Development of codes based on guidelines and policies;

introduction of the various groups involved in these codes of conduct; introducing codes of conduct to new staff, etc.; continuous reinforcement of content for all target groups; managing breaches of codes of conduct; confidence to speak out and challenge inappropriate behavior and boundary violations when they are not necessarily abuse.

**Methodology:** The course will combine lecture, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer*

## XP2021 Online abuse and cybersex addiction

**Objectives:** At the end of the week, the students will be aware of the various forms of online abuse and recognize the main elements. They will be able to set up preventive environments.

**Content:** Impact of the digital world on people's lives; risks and forms of online abuse; children and pornography; cybersex addiction. How to prevent it and accompanying people.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Fr. Antonio Carrón de la Torre, oar / Dr. Angela Rinaldi*

## XP2022 Conducting formation sessions on safeguarding and/or human formation topics

**Objectives:** At the end of the course, the students will be able to prepare and conduct safeguarding formation sessions starting from the selected target group.

**Content:** Topics set by the target group; researching the topic; designing a workshop; design suitable for the topic and target group;

delivering the session; observations; evaluating the session; revising the workshop.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer / Fr. David McCallum*

### **XP2023 Development and regular updating of prevention programs**

**Objectives:** At the end of the week, students will be able to develop, assess, and review existing prevention programs.

**Content:** Critical analysis of existing prevention programs; content and time frames; culturally sensitive methods; evaluation; frequency of revision.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer / Fr. Hans Zollner*

### **XP2024 Dealing with allegations of child sexual abuse (CSA) in organizations: responsibilities and dynamics**

**Objectives:** At the end of the week, students will be able to define and recognize the main dynamics of CSA allegations. They will be able to deal with victims, allegations, and procedures adapted to their cultures and contexts.

**Content:** Assisting and supporting children involved in sexual abuse and their families; legal aspects and responsibilities, documentation of allegations, procedures that follow, cooperation with legal agencies, information sharing.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Klaus Krämer / Fr. Hans Zollner*

### **XP2025 Acting in safe ways: how professionals should behave in order to protect human dignity**

**Objectives:** At the end of the week, students will be able to define the main principles and elements of professional behavior; they will be able to listen to victims, to recognize the role of each specialist, to select personnel, to maintain proper boundaries in safeguarding work.

**Content:** Listening to victims; roles, limitations, and responsibilities of professionals; proper boundaries; recordkeeping; safe recruitment process.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Stefano Lassi / Fr. Hans Zollner*

### **XP2026 Rethinking ecclesiology from the perspective of victims of (clerical sexual) abuse**

**Objectives:** At the end of the week, the students will be able to analyze and think about theological concepts from the perspective of victims of sexual abuse. They will be able to look at the topic from the victim's side, addressing possible challenges and issues.

**Content:** Contextual theology; standing in solidarity with victims of (clerical sexual) abuse (and with other poor and marginalized people); opportunities and challenges; areas to be examined in theology, spirituality, and formation and the consequences for theology, spirituality, and formation.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer / Fr. Hans Zollner*

## **XP2027 Therapy and beyond: theoretical and practical aspects**

**Objectives:** At the end of the course the students will be able to create a culturally-sensitive process of accompaniment which starts from the victim. They will be able to set up a holistic process which gives victims the opportunity to access the healing process on different levels.

**Content:** Trauma theory and kinds of therapy; cultural differences; effectiveness and limits of various treatments; spiritual and holistic pathways towards healing and reconciliation; possibilities for participation of victims, restorative justice.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Fr. Hans Zollner*

## **XP2028 Accompanying both victims and secondary victims on their personal journeys**

**Objectives:** At the end of the week, the students will be able to set up a respectful and positive path to accompany victims in their journeys towards healing on the level of emotional, spiritual, and pastoral accompaniment.

**Content:** Accompaniment of victims and secondary victims; prayer, spiritual direction, pastoral accompaniment, and all those means which help create a relationship that allows them to work together through obstacles and crises.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 1 ECTS)

*Fr. Hans Zollner*

## XP2029 Dealing with irritated systems

**Objectives:** At the end of the week, the students will be able to recognize and deal with the main elements of a dysfunctional institution, in relation to the Church, NGOs, and educational systems.

**Content:** Dealing with irritated systems; dysfunctional institutions, institutional cultures that lack integrity, traumatized institutions; steps to take to deal with and change irritated systems will be suggested.

**Methodology:** The course will combine lectures, reading, and seminar discussion, and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 1 ECTS)

*Msgr. Peter Beer*

## XP2030 Abuse of power

**Objectives:** The students will be able to identify the main issues related to abuse of power. They will be able to recognize the dynamics that lead to using authority and power in a transparent, responsible, and accountable way.

**Content:** Analysis of abuse of power, its forms and dynamics; rightful authority; responsibility, transparency, accountability; how to prevent it.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 1 ECTS)

*Dr. Angela Rinaldi*

### XP2031 Spiritual abuse and abuse of conscience

**Objectives:** Students will be able to define spiritual abuse and abuse of conscience (when and how it occurs). They will be able to recognize the dynamics that lead to these types of abuse.

**Content:** The difference and relationship between spiritual abuse and abuse of conscience; risk assessment taking into account various cultural realities; prevention of spiritual abuse.

**Methodology:** The course will combine lectures, reading, and seminar discussion and will focus on a range of selected texts.

**Means of evaluation:** Evaluation will be based on class participation, written papers, and reflections.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 1 ECTS)

*Msgr. Peter Beer / Fr. Hans Zollner*

### XP2032 Recognizing children at risk

**Objectives:** At the end of the week, the students will be able to recognize the issues and dynamics that may put children at risk in particular environments.

**Content:** Risks for children in some of the riskiest environments – migration contexts, schools, war; points to consider when dealing with risky environments and safeguarding children.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Angela Rinaldi*

### XP2033 Dealing with intrafamilial abuses

**Objectives:** The students will be able to recognize the signs and indicators of intrafamilial abuse and to cope with the cases in a way that is consonant with the principles of their culture.

**Content:** Dynamics of intrafamilial abuse and analysis of the issues from qualitative and quantitative points of view, considering contexts of origin.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Angela Rinaldi*

### XP2034 Understanding the dynamics of perpetrators

**Objectives:** At the end of the week, the students will be able to recognize the main dynamics of abuse in order to better understand abusers and prevent future abuses in their own contexts.

**Content:** Main elements of the dynamics of abuse; understanding perpetrators' ways of abusing with the aim of preventing future abuses.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Fr. Hans Zollner*

### XP2035 Screening and selection of candidates

**Objectives:** At the end of the week, the students will be able to apply the criteria they learned to select as best as possible the personnel for their safeguarding team.

**Content:** Best practices to follow in the selection of candidates who will work in safeguarding contexts.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Angela Rinaldi / Sr. Grazia Vittigni, ssc*



### XP2036 Recognizing and teaching safeguarding principles to create safe places

**Objectives:** At the end of the week, the students will be able to work within their environments and communities to encourage cultural changes that result in safer places for minors and vulnerable people.

**Content:** The main safeguarding principles for the creation of safe places; methods for communicating those principles to the communities where the students live or work.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation, and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer*

### XP2037 Assessing the effectiveness of safeguarding measures

**Objectives:** At the end of the week, the students will be able to assess the effectiveness of safeguarding measures in the light of the victim-first approach.

**Content:** Evaluation of safeguarding measures and projects; best practices and approaches to assess the effectiveness of safeguarding measures.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Msgr. Peter Beer*

### XX2000 Practical semester

**Objectives:** At the end of the semester the students will be able to approach the subject of safeguarding proactively, taking into consideration cultural particularities, and think in a critical way about experiences

by avoiding prejudices; apply theoretical knowledge to practice; develop a personal *modus operandi*; work and possibly manage a team; practice positive external communication; draft and analyze safeguarding guidelines, policies, projects; develop, evaluate, and share best practices in their own work contexts.

**Content:** Students will learn to fill various roles in safeguarding and to work in contexts that are familiar or similar to those in their home countries.

**Methodology:** The course will combine practical work and personal reflection.

**Means of evaluation:** Evaluations will be based on reports from host organizations, reports written by the students, and oral presentations about their activities.

**Bibliography:** It will be indicated during the semester.

(three-month internship, 26 ECTS)

*Dr. Angela Rinaldi*

## WORKSHOP

### XS2001 Writing a scientific work

**Objectives:** At the end of the course, the students will be able to write a scientific paper.

**Content:** Introduction to the theoretical and practical aspects of scientific work, such as writing a paper.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 week of classes, 2 ECTS)

*Dr. Angela Rinaldi*

## Third Cycle

### CURSUS AD DOCTORATUM

#### XS3001 Colloquia for doctorate students, 1

**Objectives:** Students will be able to start research and explore bibliographic and academic resources related to the topics selected for their doctoral research.

**Content:** Students are introduced, generally, to the theoretical and practical aspects of doctoral research.

**Methodology:** The course will combine reading and seminar discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 ECTS)

*Prof. Wim Vandewiele*

#### XS3002 Colloquia for doctorate students, 2

**Objectives:** Students will acquire knowledge and skills using essential research software and methods, which will be helpful for their research in the field.

**Content:** Students will deepen their knowledge already acquired by using the most common digital resources for scientific research useful for their doctoral work.

**Methodology:** The course will combine reading and discussion.

**Means of evaluation:** Evaluation will be based on class participation and a written paper.

**Bibliography:** It will be indicated at the beginning of the course.

(1 ECTS)

*Prof. Wim Vandewiele*

## Información general

El Instituto de Antropología de la Pontificia Universidad Gregoriana difunde y promueve el conocimiento y estudio interdisciplinar sobre la dignidad humana. También está comprometido con la formación de especialistas en la aplicación de medidas para el cuidado y protección de la dignidad humana y la creación de relaciones y entornos saludables. El Instituto entiende este compromiso como una contribución a la formación de hombres y mujeres “para los demás”, especialmente para aquellos cuya dignidad ha sido herida y aquellos cuya dignidad requiere especial atención.

Los objetivos del Instituto son:

- a. Promover una mayor sensibilización y voluntad de actuar de manera consecuente y consistente en favor de la dignidad humana y el cuidado de las personas vulnerables, contribuyendo así al empeño concreto de la Iglesia Católica.
- b. Contribuir a la formación de profesionales de la protección de personas vulnerables que sepan aplicar eficazmente los conocimientos y competencias adquiridos en diferentes contextos sociales y culturales para un mejor servicio a la misión de la Iglesia y de la sociedad en general.

## Programas académicos en Safeguarding

El Instituto de Antropología ofrece dos programas académicos en Safeguarding y uno en Antropología:

- Diplomado en Safeguarding (programa de un semestre, 30 ECTS)
- Licenciatura en Safeguarding (programa de 2 años, 120 ECTS)
- Doctorado en Antropología (programa de 3 años)

El Diplomado en Safeguarding es un programa de un semestre a tiempo completo. Está dirigido a aquellos que promoverán profesionalmente en sus países la protección de los menores y personas vulnerables en diversos campos.

La Licenciatura en Safeguarding es un curso integral de dos años de duración que conduce a una licenciatura interdisciplinar en esta materia (*Licentiate in Safeguarding*). Durante el primer semestre, los estudiantes de la Licenciatura siguen el programa del Diplomado. A lo largo del curso deberán completar 120 ECTS.

El Doctorado en Antropología es un itinerario de estudio e investigación que tiene como objetivo formar a especialistas en estudios antropológicos sobre la dignidad humana y el cuidado de las personas vulnerables.

### Pedagogía y metodología

Nuestros programas tienen un *enfoque centrado en el estudiante* con la finalidad de ofrecerles un entorno de aprendizaje que les anime a dar el siguiente paso en la adquisición permanente de conocimientos, competencias y actitudes. Están orientados al desarrollo integral de la persona y presuponen que los estudiantes se responsabilizan de su propio aprendizaje y participan en una reflexión personal, procesos de evaluación, supervisión, talleres prácticos y momentos para compartir la fe. Este enfoque centrado en el estudiante fomenta asimismo la contextualización de los contenidos del curso, ya que se invita a los estudiantes a reflexionar sobre si es posible, y cómo, llevar ciertos contenidos, competencias y habilidades del curso a su propia cultura y ámbito profesional.

Hay una evaluación continua del trabajo de los estudiantes (proceso de aprendizaje y participación en clase), de sus resultados (finalización de tareas) y del nivel de reflexión profesional y personal.

### Requisitos de admisión

Para la admisión de los estudiantes al **Diplomado en Safeguarding** se requiere:

- Al menos un grado (titulación universitaria de primer ciclo) con el resultado final de *Cum Laude* en las materias relevantes para las asignaturas que se estudiarán;
- Conocimientos satisfactorios de la lengua en la que se imparte el curso;
- Motivación personal y la prospectiva de trabajar en el ámbito en el futuro.

Los candidatos deberán seguir un proceso de selección antes de iniciar el procedimiento de la universidad. Dicho procedimiento suele dar comienzo el semestre antes de que empiece el programa. El formulario de solicitud y los plazos se encuentran en la página web del Instituto.

Para más información sobre el programa de estudios y la descripción

de los cursos del ciclo de Licenciatura y Doctorado, que se ofrecen en inglés, puede consultar las correspondientes secciones.

### Diplomado en Safeguarding: estructura del curso

El **objetivo** del Diplomado es ofrecer una introducción exhaustiva de base al ámbito de la protección de los menores y el cuidado de las personas vulnerables, así como a las varias cuestiones interdisciplinarias de interés y cómo se relacionan entre ellas. A su vez, se ofrece a los estudiantes las competencias necesarias para seguir aumentando su capacitación una vez finalizado el curso. Además, los estudiantes toman conciencia de los límites de su conocimiento, considerando sus estudios previos y ámbitos de especialización, así como las nuevas áreas y disciplinas que aprenden.

Los estudiantes aprenden cómo llevar a la práctica las competencias que han adquirido a través de una serie de tareas aplicadas a la vida real y específicas de su propio contexto cultural. Este curso promueve que los estudiantes crezcan en competencias para generar un cambio efectivo y poner en marcha medidas de prevención.

### Cálculo de la nota

El cálculo de las notas del **Diplomado** se basa en la media de las calificaciones obtenidas en los exámenes del curso.

## Calendario Académico del año

### PREINSCRIPCIÓN

**15 de julio** Último día para solicitar el certificado de preinscripción  
Las solicitudes de preinscripción para el nuevo curso académico que se reciban más allá de esta fecha se tramitarán al reanudar la labor administrativa en septiembre.

### INSCRIPCIÓN Y MATRÍCULA

**28 de julio** Inicio de la inscripción online (para estudiantes que continúan estudios)  
**1 - 28 de septiembre** Inscripción/matrícula online (para estudiantes de nuevo ingreso)  
**19 dic. - 30 de enero** Inscripción/matrícula online para el 2º semestre  
**27 de julio 2023** Inicio de la inscripción online para el A.A. 2023-2024 (para estudiantes que continúan estudios)

### PROGRAMA DE DOCTORADO

**1 sept. - 17 octubre** Inscripción y matrícula para el 1º semestre en la Facultad de Derecho Canónico  
**1 sept. - 31 octubre** Inscripción y matrícula para el 1º semestre (excepto en la Facultad de Derecho Canónico)  
**19 dic. - 15 febrero** Inscripción y matrícula para el 1º semestre (excepto en la Facultad de Derecho Canónico)  
**19 dic. - 28 febrero** Inscripción y matrícula para el 2º semestre (excepto las Facultades de Derecho Canónico y de Historia y Patrimonio Cultural de la Iglesia)

### CURSOS Y SEMINARIOS

**3 de octubre** Inicio de los cursos obligatorios del 1º semestre y de los cursos anuales  
**10 de octubre** Inicio de los cursos opcionales, propios, comunes, seminarios, talleres y lecturas guiadas  
**21 dic. - 8 de enero** *Vacaciones de Navidad*  
**9 de enero** Reanudación de las clases  
**20 de enero** Último día de clases del 1º semestre  
**20 de febrero** Primer día de todos los cursos del 2º semestre  
**1 - 16 de abril** *Vacaciones de Semana Santa*

17 de abril	Reanudación de las clases
31 de mayo	Último día de clases del 2º semestre y de los cursos anuales

### **MODIFICACIÓN DEL PLAN DE ESTUDIOS**

3 - 14 de octubre	Para el 1º semestre
20 feb. - 3 marzo	Para el 2º semestre

### **RESERVA DE LOS EXÁMENES**

2 - 7 de septiembre	Para la sesión de otoño del A.A. 2021-2022
30 nov. - 12 de diciembre	Para la sesión de invierno
3 - 10 mayo	Para la sesión de verano
1 - 6 de septiembre	Para la sesión de otoño

### **EXÁMENES**

19 - 28 de septiembre	Sesión de exámenes de otoño del A.A. 2021-2022
26 ene. - 10 febrero	Sesión de exámenes de invierno
5 - 28 de junio	Sesión de exámenes de verano
18 - 27 de septiembre	Sesión de exámenes de otoño

### **EVALUACIÓN DE LOS CURSOS EN LÍNEA**

10 - 18 de enero	Cursos del 1º semestre
22 - 30 de mayo	Cursos del 2º semestre y anuales

### **TEST DE ITALIANO**

29 de septiembre	(Por la tarde y solo para los estudiantes inscritos en el A.A. 2021-2022)
7 - 16 de noviembre	(solo por la tarde)
13 - 17 de marzo	(solo por la tarde)

### **PREMIO BELLARMINO Y PREMIO VEDOVATO**

15 de febrero	Fecha límite para la entrega de las tesis de doctorado
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### **BECAS**

15 marzo - 2 de mayo	Plazo de solicitud de becas 2023-2024
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A finales de junio de 2023 se publicará el resultado de las solicitudes.



## Fechas importantes para el Instituto

### 1° semestre

<b>26-30</b> sept.	<i>Semana introductoria</i> para los estudiantes de los Diplomados y de la Licenciatura
<b>3</b> de octubre	Primer día de clases
<b>7-16</b> de noviembre	(solo por la tarde) Test de Español
<b>9</b> de febrero	Ceremonia de clausura del Diplomado en español
<b>10</b> de febrero	Ceremonia de clausura del Diplomado en inglés

### 2° semestre

<b>6-10</b> de febrero	<i>Semana introductoria</i> para los estudiantes del Diplomado en español
<b>9</b> de febrero	Eucaristía de apertura del Diplomado en español
<b>13</b> de febrero	Primer día de clases
<b>13-17</b> de marzo	(solo por la tarde) Test de Español
<b>9</b> de junio	Último día de clases para los estudiantes de la Licenciatura
<b>16</b> de junio	Ceremonia de clausura del Diplomado en español

## Candidaturas para el A.A. 2023-2024

<b>2</b> enero - <b>15</b> marzo de 2023	Diploma in Safeguarding
<b>2</b> enero - <b>15</b> marzo de 2023	Licentiate in Safeguarding
<b>13</b> febrero - <b>15</b> mayo de 2023	Doctorado en Antropología
<b>10</b> abril - <b>15</b> junio de 2023	Diplomado en Safeguarding

## Listado y horario de los cursos

### Cursos básicos

2º semestre

<b>XP2001</b>	Infancia y cultura: una perspectiva internacional (2 ECTS)	<i>Portillo/Franck</i>
<b>XP2002</b>	Sexualidad y castidad madura e inmadura (2 ECTS)	<i>Carrón/Portillo</i>
<b>XP2003</b>	Indicadores de maltrato y abuso sexual (2 ECTS)	<i>Portillo/Espinosa</i>
<b>XP2004</b>	Comprender y asistir a las víctimas y sobrevivientes de abuso sexual (6 ECTS)	<i>Carrón/Espinosa</i>
<b>XP2005</b>	Identificar y trabajar con los abusadores (4 ECTS)	<i>Carrón/Espinosa</i>
<b>XP2006</b>	Abuso sexual en las instituciones (4 ECTS)	<i>Portillo/Franck</i>
<b>XP2007</b>	Medidas de prevención: ¿Cómo crear espacios seguros y sacros? (4 ECTS)	<i>Portillo/Franck</i>
<b>XP2008</b>	Semana de práctica 1: Castidad madura (2 ECTS)	<i>Carrón/Franck</i>
<b>XP2009</b>	Semana de práctica 2: Escuchar a las víctimas (2 ECTS)	<i>Carrón/Portillo/ Espinosa</i>
<b>XP2010</b>	Semana de práctica 3: Sesiones de formación (2 ECTS)	<i>Carrón/Portillo</i>

### Horario de los cursos

Los estudiantes recibirán toda la información sobre el horario al inicio del curso académico.

## Descripción de los cursos

### Cursos básicos

#### XP2001 Infancia y cultura: una perspectiva internacional

**Objetivos:** Al finalizar la semana, los estudiantes podrán evaluar sus propias culturas dialogando de manera respetuosa sobre ellas con los demás. Podrán reconocer los elementos culturales que llevan a definir la infancia desde diferentes perspectivas.

**Contenido:** los principales elementos de la infancia en la cultura de los estudiantes; comparación con las experiencias de los compañeros y la forma en la que crecen los niños de su cultura en la actualidad; aspectos con los que se ha criado en relación al idioma, las costumbres y tradiciones, los valores, las normas, la religión, el género, la comunidad y los cambios recientes; evaluación de los distintos conceptos culturales de la infancia en relación a los derechos universales de los niños y la dignidad humana; la teología de la infancia; el desarrollo psicológico; la vulnerabilidad de los niños; aspectos jurídicos.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase y un trabajo por escrito.

**Bibliografía:** Se indicará al inicio del curso.

(1 semana, 2 ECTS)

*R.D. Daniel Portillo Trevizo / Sra. María Inés Franck*

#### XP2002 Sexualidad y castidad madura e inmadura

**Objetivos:** Al finalizar la semana, los estudiantes podrán escribir y expresar la historia de su sexualidad, siendo conscientes de las características de su cultura como elementos centrales del desarrollo del ser humano.

**Contenido:** Se comparan diferentes actitudes culturales hacia la sexualidad con referencia a la educación sexual, los roles de género, los cambios producidos por la influencia de los medios de comunicación e internet; se analizan las relaciones maduras con referencia a la proximidad y la distancia, los aspectos teológicos y espirituales o los aspectos emocionales.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(1 semana, 2 ECTS)

*R.P. Antonio Carrón de la Torre, oar / R.D. Daniel Portillo Trevizo*

### XP2003 Indicadores de maltrato y abuso sexual

**Objetivos:** Al finalizar la semana, los estudiantes serán capaces de reconocer las distintas formas de maltrato e identificar las señales e indicadores de abuso.

**Contenido:** las distintas formas de maltrato y sus consecuencias, el impacto que el abuso tiene sobre la vida de las víctimas, las posibles consecuencias del abuso, las barreras y ayudas a revelar el abuso y los peligros específicos del abuso cibernético.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(1 semana, 2 ECTS)

*R.D. Daniel Portillo Trevizo / Sra. Irma Patricia Espinosa Hernández*

### XP2004 Comprender y asistir a las víctimas y sobrevivientes de abuso sexual

**Objetivos:** Al finalizar el curso, los estudiantes serán conscientes de cómo la realidad del abuso afecta a las víctimas, víctimas secundarias, trabajadores del ámbito del *safeguarding*, la Iglesia y la sociedad. Serán capaces de reunirse con una víctima y actuar de manera adecuada, evaluando sus sentimientos y actitudes. Podrán describir los factores de riesgo y protección en sus culturas y descubrir posibles formas de atención (pastoral) y terapia en sus países. Podrán elaborar formas concretas de acompañamiento pastoral para las víctimas y las víctimas secundarias. Reflexionarán

y serán conscientes de situaciones específicas de vulnerabilidad al abuso (sexual) impuestas por la discapacidad, migración/desplazamiento, etc. Aprenderán maneras de promover la seguridad cibernética en su ámbito de trabajo.

**Contenido:** Encuentros con las víctimas; comparar la realidad del abuso (por parte del clero) con la imagen de la espiritualidad y la Iglesia; implicaciones a nivel teológico; la importancia de cuidar de sí mismo en lo referente a regular las emociones y la fatiga por compasión; las actitudes, temores, resistencias, etc., de los estudiantes; los factores de riesgo y de protección en diferentes culturas; las disposiciones de los derechos civil y canónico; las formas de asistencia y terapia a las víctimas; el acompañamiento pastoral a las víctimas y las víctimas secundarias; la seguridad cibernética.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(3 semanas, 6 ECTS)

R.P. Antonio Carrón de la Torre, oar / Sra. Irma Patricia Espinosa Hernández

## **XP2005 Identificar y trabajar con los abusadores**

**Objetivos:** Al finalizar el curso, los estudiantes serán capaces de reconocer las dinámicas del abuso. Los estudiantes identificarán las causas del abuso en relación a aspectos individuales, aspectos culturales y aspectos sociales. Los estudiantes serán capaces de evaluar las medidas de asistencia a los abusadores en sus países, considerando también las implicaciones legales y canónicas. Serán conscientes de cómo el abuso sexual por parte del clero les afecta a nivel personal.

**Contenido:** Los distintos tipos de abusadores (prestando especial atención a los abusadores en el clero); las señales e indicadores en potenciales abusadores; los procesos internos y externos que llevan al abuso como: las distorsiones cognitivas, las técnicas de grooming, traspasar los límites y los inhibidores; las dinámicas de los abusadores en internet; sentimientos y actitudes hacia los abusadores en el clero; los retos que plantea mantener un diálogo con un abusador; terapia y atención para agresores con respecto a: un acompañamiento adecuado a los presuntos agresores, opciones de terapia, atención pastoral, cuidado posterior; implicaciones jurídicas y canó-

nicas; normas del derecho canónico, legislación en los distintos países; implicaciones a nivel teológico; homosexualidad; confesión; cuestiones teológicas como la justicia, la misericordia, el perdón y la salvación.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(2 semanas, 4 ECTS)

*R.P. Antonio Carrón de la Torre, oar / Sra. Irma Patricia Espinosa Hernández*

## **XP2006 Abuso sexual en las Instituciones: enfoque en la Iglesia católica**

**Objetivos:** Al finalizar el curso, los estudiantes reconocerán los elementos sistémicos y dinámicas del abuso en las instituciones, tomando también en consideración las instituciones de sus países. Serán capaces de tratar las cuestiones del abuso de poder, el clericalismo y la jerarquización en la iglesia.

**Contenido:** Cómo las estructuras y dinámicas institucionales pueden contribuir al abuso o a su prevención; reflexión sobre la estructura, las dinámicas, la cultura institucional y los roles; los errores cometidos por la iglesia en el pasado y los remedios adecuados; el abuso como problema del ser humano; actitudes erróneas y adecuadas hacia las víctimas; errores y respuestas adecuadas al tratar con (potenciales) abusadores; los efectos negativos de respuestas institucionales no adecuadas y las reacciones apropiadas; los efectos negativos de la falta de transparencia o de una colaboración no adecuada con los medios de comunicación; convicciones teológicas y organizativas, así como interpretaciones de poder, rol y responsabilidad que contribuyen al abuso o a su prevención; reflexión sobre el clericalismo, jerarquización y poder en la iglesia; aspectos individuales, estructurales y culturales que pueden contribuir al abuso de poder y al abuso de conciencia; poder, autoridad, obediencia y servicio.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(2 semanas, 4 ECTS)

*R.D. Daniel Portillo Trevizo/ Sra. María Inés Franck*

## XP2007 Medidas de prevención: ¿Cómo crear espacios seguros y sacros?

**Objetivos:** Al finalizar el curso, los estudiantes serán capaces de elaborar un programa de prevención que se adapte a sus culturas y entornos. Desarrollarán un plan de prevención culturalmente adaptado a una escuela, hospital, centro residencial, etc., específico.

**Contenido:** Varios enfoques a la prevención y los elementos que la hacen efectiva; análisis de programas de prevención existentes en las distintas culturas y áreas de trabajo con respecto a su efectividad; factores de riesgo y de protección en instituciones relacionadas con la iglesia como: escuelas, centros residenciales (internados, hogares infantiles, etc.), hospitales, casas de formación, parroquias, universidades, comunidades; desarrollo de un proyecto o estrategia de prevención para una institución de la iglesia.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(2 semanas, 4 ECTS)

*R.D. Daniel Portillo Trevizo / Sra. María Inés Franck*

## XP2008 Semana de práctica 1: castidad madura

**Objetivos:** Al finalizar la semana de práctica, los estudiantes podrán reconocer la importancia de los límites e identificar los principales elementos de una relación madura y sana que se defiende ante cualquier tipo de abuso.

**Contenido:** Cómo vivir la castidad de forma positiva; las relaciones y amistades saludables; la madurez psico-sexual; la integración adecuada de los deseos y fantasías sexuales; las cuestiones relacionadas con la masturbación y la pornografía.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(1 semana, 2 ECTS)

*R.P. Antonio Carrón de la Torre, oar / Sra. María Inés Franck*

## XP2009 Semana de práctica 2: Escuchar a las víctimas

**Objetivos:** Al finalizar la semana de práctica, los estudiantes podrán escuchar cuando una víctima revela un caso de abuso de manera respetuosa y proactiva.

**Contenido:** escuchar a las víctimas; creer a las víctimas y reaccionar de forma adecuada; las características del vínculo traumático y las barreras para revelar el abuso. Los estudiantes realizan ejercicios sobre cómo se documentan los casos en los que se revela un abuso.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(1 semana, 2 ECTS)

*R.P. Antonio Carrón de la Torre, oar / R.D. Daniel Portillo Trevizo / Sra. Irma Patricia Espinosa Hernández*

## XP2010 Semana de práctica 3: sesiones de formación

**Objetivos:** Al finalizar la semana, los estudiantes serán capaces de elaborar y realizar sesiones de formación sobre el *Safeguarding* partiendo de las características del grupo de destinatarios.

**Contenido:** Selección del grupo de destinatarios y desarrollo de objetivos adecuados para las sesiones de formación; selección de contenidos (adecuándose al grupo de destinatarios concreto); selección de formas de presentación apropiadas y otros métodos; llevar a cabo sesiones de formación.

**Metodología:** El curso compaginará clases, lecturas y seminarios de debate y se centrará en una serie de textos seleccionados.

**Modo de evaluación:** La evaluación se basará en la participación en clase, trabajos por escrito y reflexiones.

**Bibliografía:** Se indicará al inicio del curso.

(1 semana, 2 ECTS)

*R.P. Antonio Carrón de la Torre, oar / R.D. Daniel Portillo Trevizo*



**Corso per altre unità accademiche****Curso para otras unidades académicas/Class open to all university students****XO2002 La crisi degli abusi nella Chiesa per una conversione ecclesio-  
logica, di fronte alla sfida del Safeguarding (2° sem., 3 ECTS)**

**Obiettivi:** Il corso propone una riflessione teologico -fondamentale e culturale della Chiesa universale, partendo dalla situazione e dalle risposte date a ciò che viene percepita come doppia crisi – quella degli abusi di potere (sessuali, coscienza e spirituali) sui minori e il trattamento di essi – e una valutazione di possibili sviluppi per la vita cristiana ecclesiale, per il suo impegno nella Chiesa e nella società, nella prospettiva di una pratica teologica e spirituale rinnovata.

**Contenuti:** 1. Presentazione e discussione dello stato attuale della vita della Chiesa in varie parti del mondo, e dei modelli teologici. 2. L'inquietudine e lo smascheramento della postmodernità trascurata come prospettiva epistemologica. 3. La realtà della doppia crisi ecclesiale degli abusi nella Chiesa e nel loro trattamento come possibile *kairós* teologico-ecclesiologico, antropologico e spirituale. 4. Concetti ecclesiologici fondamentali di base in relazione alla crisi e il *Safeguarding*: credibilità, sinodalità; sacerdozio comune e sacramentale; governo centrale e status delle chiese locali; l'importanza della periferia per la vita della chiesa; 5. Relazione e interdipendenza tra società, cultura e vita ecclesiale e la loro importanza per fedeli, religiosi e clero. 6. Fattori e risposte individuali, istituzionali e sistemiche di fronte a vari aspetti della situazione. 7. L'immagine della Chiesa e delle relazioni tra i vari gruppi in una cultura e una visione ecclesiale per il futuro.

**Metodologia:** presentazioni, riflessioni e discussioni sulla base della letteratura messa a disposizione.

**Valutazione:** La valutazione terrà conto della partecipazione attiva durante le lezioni (60%) e un esame scritto, o elaborato, alla fine del corso (40%).

**Bibliografia:** Teologia – Ecclesiologia: Y.M.J. CONGAR, *Vera e falsa riforma nella Chiesa*, Già e non ancora 283, Milano 1994 2a ed. italiana; G. LAFONT, *Immaginare la chiesa cattolica: linee e approfondimenti per un nuovo dire e un nuovo fare della comunità cristiana*, Cinisello Balsamo (MI) 1998. PAPA FRANCISCO, *Las cartas de la tribulación*, Barcelona 2019. Cultura e postmodernità: J. BAUDRILLARD, *El sistema de los objetos*, México D.F. 1969; —, *Pour une critique de l'économie politique du signe*, Paris

1986; G. LIPOVETSKY, *El crepúsculo del deber*, Barcelona 2000<sup>s</sup>. Safeguarding: C.J. SCICLUNA – H. ZOLLNER – D. AYOTTE (ed.), *Verso la Guarigione e il Rinnovamento*. Simposio 2012 della Pontificia Università Gregoriana sugli abusi sessuali su minori. Bologna: EDB, 2012 (disponibile in altre lingue). K. KUHN – H. ZOLLNER, «Un nuovo approccio all'insegnamento della teologia che promuova la formazione e la tutela dei minori», in: *Salesianum* 83 (2021), 130-151.

*R.D. Gonzalo Aemilius*

### *Facultad/Instituto/Centro*

**X** = *Institute Instituto de Antropología (IADC)*

### *Tipo de curso*

**XP** = *Fundamental/Básico*

**XO** = *Optional/Opcional*

**XS** = *Workshop/Taller*

**ECTS** = **Sistema europeo de transferencia y acumulación de créditos.**  
Los créditos según la “Declaración de Bolonia”: 1 ECTS corresponde a unas 25 horas de trabajo del estudiante, 7-8 horas de asistencia a clase, 14-16 horas de trabajo personal, 2-3 horas en el marco de exámenes.

- Aemilius, 17, 50  
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Franck, 42, 43, 46, 47  
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Vandewiele, 17, 35  
Vittigni, 15, 19, 20, 22, 24, 33  
Zollner, 15, 16, 23, 25, 27, 28, 29, 30, 31, 32







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